



**Karen Sun, M.D.**

Board Certified in Internal Medicine  
Board Certified in Integrative  
Holistic Medicine

Dr. Karen Sun is the founder of the Integrative Wellness Center, a medical facility specializing in Bioidentical Hormone Replacement Therapy. She has treated thousands of men and women with Bioidentical Hormone Replacement Therapy and helps her patients optimize their lives by finding a healthy balance for body, mind and spirit.

Dr. Karen Sun has been in private practice for over 30 years and is Board Certified in Internal Medicine. She's the author of two books on the subject of bioidentical hormone pellet therapy. Her most recent book, "Vitality Now" is available on Amazon.

Dr. Sun is a master trainer in the field of bioidentical hormone pellet therapy and currently trains physicians from all over the country in this area of expertise. Her excellent education, and years of experience has earned her the love, trust and respect of thousands of patients from all over the country.



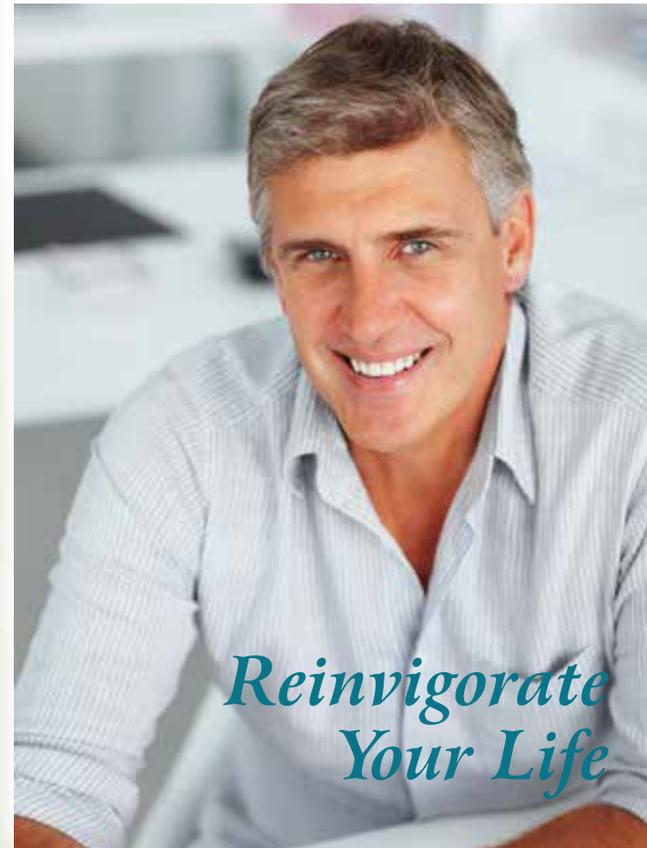
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**INTEGRATIVE**  
WELLNESS CENTER

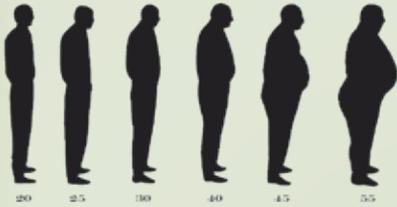
Natural • Effective • Life-Changing



*Reinvigorate  
Your Life*

**Testosterone  
Pellet Therapy for Men**

**T**oday, more men than ever are becoming aware of the vital role testosterone plays in their physical and emotional well being.



The gradual decline of testosterone hormone levels experienced in men has long been associated with a host of undesirable symptoms once solely attributed to the aging process. Studies have shown that after age 30 men lose approximately 1 percent of their testosterone and 2.5 percent of their DHEA per year.

Unlike women, who tend to experience the symptoms arising from menopause in their 40's and 50's, the gradual and consistent loss of hormones in men can have a

profoundly debilitating effect when compounded over the decades. Current medical research has described this effect as **andropause**, the equivalent to female menopause. When this occurs, men experience a wide range of undesirable changes in their bodies that can include a loss of sexual drive, weight gain and loss of muscle mass, decrease in energy levels, reduced mental clarity and unpredictable mood swings.

**Decrease In Testosterone**, the hormone long identified by society as a symbol of masculine potency can lead to depression, anxiety, fatigue and loss of libido. The loss of this crucial hormone can pose additional threats as well. Low levels of testosterone have been associated with prostate problems, poor sexual performance and decreased bone mineral density, the latter of which can lead to increased risk of osteoporosis. Traditionally,

## Testimonials

I am the CEO for a national company. I am also an 'in control' Type II Diabetic with the typical 'high this and low' that Labs. My former Doctor did NOT seem very interested in my hormones or how I was feeling. It seemed that all he really wanted to give me was prescriptions; most of which actually were making me feel worse. In spring 2008, a close friend shared how well they had been feeling, how their energy level and their libido had become like it was some twenty years earlier and various aches and pains had literally disappeared. I asked them how they got their doctor to listen to them. They introduced me to Dr. Sun. WOW! My lab result showed that my Testosterone level was extremely low. Dr. Sun spent about an hour going over my labs in a detail that NO DOCTOR had ever done with me prior. Not only did everything Dr. Sun said make sense, but it confirmed years of research I had done on the internet. After receiving the Bioidentical hormone therapy, I began to feel more 'balanced' within about five (5) days. All my parts were working like they used to; all the aches and pains were gone. I didn't realize how badly I felt until I began to feel good again. Her ability to make me understand 'me' is incredible. Thanks, Dr. Sun. I know there will be special place in Heaven for you because I thank God for you every night.

- Stephen O.

As an executive for a large technological company I was feeling highly stressed, worn out and ready to explode any day. I used to eat large quantities of food to satisfy my stressful life and consequently gained 50 pounds. This increased my high blood pressure and cholesterol levels and my doctor warned that I should lose weight. My wife is a patient of Dr. Sun and she invited me to visit Dr. Sun and have my hormone levels tested. My lab result showed that my Testosterone level was extremely low. After receiving the Bioidentical hormone therapy, I began to feel more energetic, relaxed, sexual and emotionally balanced. Due to the increase in my energy level, I started swimming and lost weight. I highly recommend this treatment to any male suffering from any of these symptoms.

- Roger C.

## How do I begin?

Start by calling our office at (949)768-6780 option 1 to schedule an initial consultation with Karen Sun, M.D. Our office staff will send you the patient paperwork and lab forms designed to help form your medical profile. At your initial consultation, Dr. Karen Sun will conduct a thorough review of your post and current medical history, evaluate your current hormone levels, symptoms and lifestyle in order to determine a course of treatment that is best for you.

## How Do I Receive My Treatment?

Each miniscule bioidentical hormone pellet, measuring the same size as a grain of rice, is slipped painlessly beneath the surface of the skin, usually in the hip area. A mild anesthetic is applied locally and the procedure is completed in five to ten minutes. Bioidentical hormone pellets are long-lasting and all that is required for repeat treatments is a brief visit to Dr. Sun's office a few times per year.



men have come to regard this decline in the quality of life as part of the natural aging process, a regrettable yet unavoidable aspect of getting older.

Yet, rather than resign themselves to enduring these bodily and hormonal changes, men are now realizing that they no longer have to settle for a state in which they don't feel vigorous and alive. Bioidentical Hormone Pellet Therapy works to restore hormonal balance, allowing men to feel healthy, sexual and experience the state of looking and feeling their best throughout their entire lifetime.

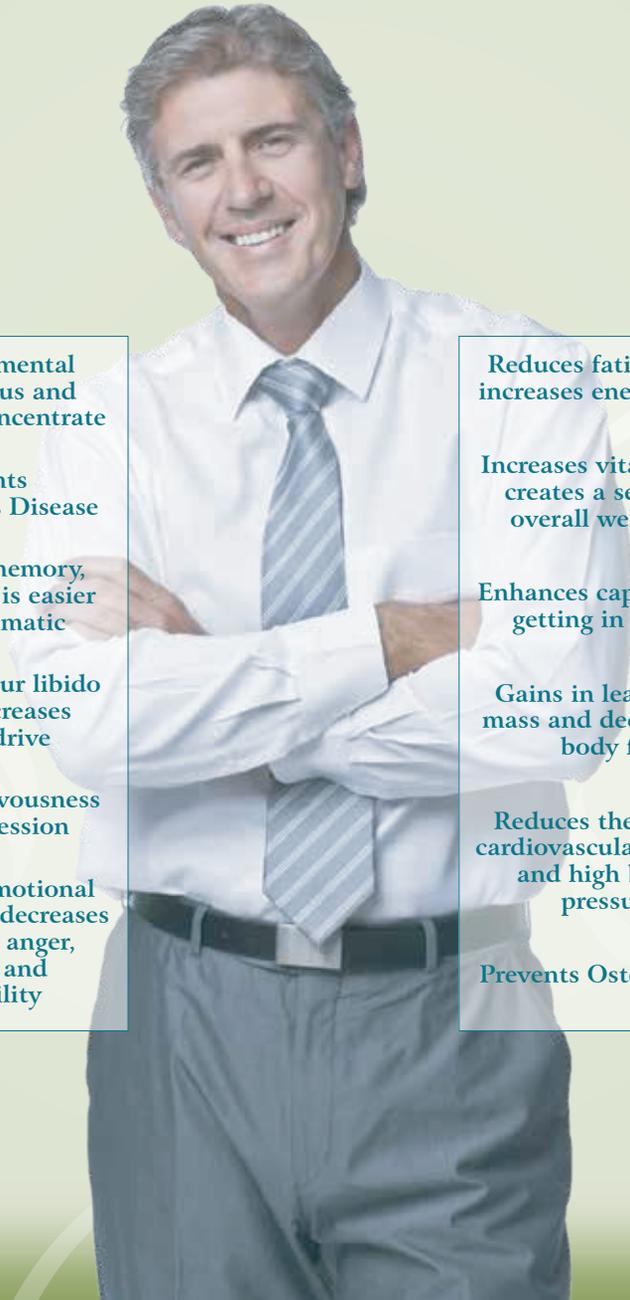
## What Is Bioidentical Hormone Pellet Therapy?

Bioidentical Hormone Pellet Therapy is a treatment process whose method of delivery involves the painless insertion of a bioidentical hormone pellet just

beneath the surface of the skin. Each pellet is identical to hormones produced internally. It is important to note that bioidentical hormones are not synthetic pharmaceuticals, artificial stimulants or animal derivatives. Bioidentical hormones are all-natural, biological equivalents that work in partnership with your body 24/7, releasing a safe, measured dosage of Testosterone hormones directly into the bloodstream whenever the body requires them. Unlike other treatments such as injections, pills, creams and patches that require a consistent regimen of self administration and careful timing, bioidentical hormones work in concert with your body, responding naturally to your specific hormonal needs. Bioidentical Hormone Pellet Therapy is virtually without side effects and requires no extra pills, gels, creams or injections.

## How Can Testosterone Therapy Help Me?

After receiving treatment with testosterone hormone pellets, you can look forward to the following life-enhancing benefits:



Increases mental clarity, focus and ability to concentrate

Prevents Alzheimer's Disease

Improves memory, recollection is easier and automatic

Enhances your libido and/or increases sexual drive

Relieves nervousness and depression

Promotes emotional stability and decreases feelings of anger, anxiety, and irritability

Reduces fatigue and increases energy levels

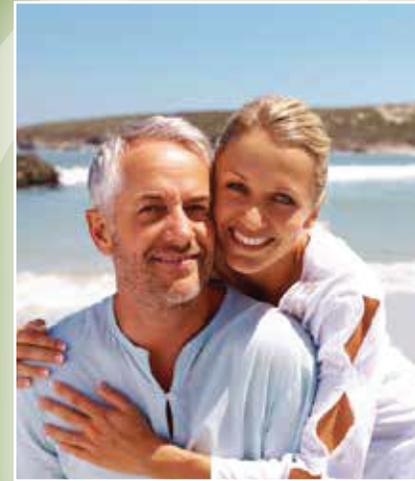
Increases vitality and creates a sense of overall wellbeing

Enhances capacity for getting in shape

Gains in lean body mass and decrease in body fat

Reduces the risk of cardiovascular disease and high blood pressure

Prevents Osteoporosis



match to the chemical structure of human hormones. Through the use of bioidentical hormones, the body is once again able to enjoy a steady and supply of hormones it is no longer capable of producing on its own. The clinical application of hormonal replacement has enjoyed a long and safe history of use with documentation and research in medical journals extending back to the 1930's.

## What Are Bioidentical Testosterone Pellets?

The bioidentical testosterone pellets you will receive during treatment are natural plant derivatives obtained from soy and other plant based ingredients. They are compounded by pharmacists to be biologically identical to the forms of testosterone produced by the human body. The composition of each pellet is an exact

